



AROMA 911

Aromatherapy for every day emergencies,
emergency prevention, and a lifetime of self-care.

DIFFUSER BLEND RECIPES



BONUS: 911 LUNG DIFFUSER BLENDS

When breathing is difficult, air pollution from fires, smoke, industrial pollution is at a high level.

LUNG RELIEF

FIRE ALARM

Clear lungs and bring ease to breathing. Purify environment from smoke.

2 drops Tulsi or Basil

4 drops Peppermint

8 drops Eucalyptus

4 drops Clary Sage

BREATHE EASY

CLEAR AND FREE *Continuous use until smoke/air pollution has been cleared*

5 drop Rosemary essential oil

2 drop Tea tree essential oil

4 drop Eucalyptus essential oil

2 drops Tulsi or Basil essential oil

FOREST CLEANSING. *Alternate blend for clearing air and lungs during high alert*

4 drops Fir

4 drops Cedarwood

4 drops Juniper

2 drops Birch

